

Sample Study Timetable for 1st years

	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
4:00-7:00	Break/ Dinner/ Homework	Break/ Dinner/ Homework	Break/ Dinner/ Homework	Break/ Dinner/ Homework			Choice Of Study
7:00-7:20	Break	Break	Break	Break			
7:20-7:40	English	French	Science	English	French	Science	
7:40-8:00	Break	Break	Break	Break			
8:00-8:20	Irish	History	Option1	Irish	History	Option1	
8:20-8:40	Break	Break	Break	Break			
8:40-9:00	Maths	Geography	Option2	Maths	Geography	Option2	

	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
4:00-7:00	Break/ Dinner/ Homework	Break/ Dinner/ Homework	Break/ Dinner/ Homework	Break/ Dinner/ Homework			Choice Of Study
7:00-7:20	Break	Break	Break	Break			
7:20-7:40	English	French	Science	English	French	Science	
7:40-8:00	Break	Break	Break	Break			
8:00-8:20	Irish	History	Option1	Irish	History	Option1	
8:20-8:40	Break	Break	Break	Break			
8:40-9:00	Maths	Geography	Option2	Maths	Geography	Option2	

What do I need to study?

A chapter People in History
An experiment Irish/ French Vocabulary

How am I going to do it in 20 mins?

Ask yourself what information you will need to know by the end of your study session

10mins: Active learning – Highlight keywords only
 Write out definitions
 Write keywords/definitions on flashcards
 Make a mind map of key information
 Use mnemonics / funny rhymes
 Read the material aloud

5mins: Recall blank sheet – write out what you've learned

5mins: Clarify Fill in the blanks... go back over what you can't remember

