

# Lockdown Learning Initiative 27th April - 1st May Thursday : Tenacity

Tenacity = the quality of being very determined; persistent

Need a technique to help you persevere???

Check out the Pomodoro study method to help keep your focus and perseverance:

<https://youtu.be/1l4w7uHdNaQ>



Academic Challenge:  
...because this is our main business ...

Try the Pomodoro technique to study today. See how useful it is for you.

Moment for Reflection:  
...because the unexamined life is not worth living ...

Check out this quiz to rate your level of perseverance:

<https://bit.ly/3eVKGj0>

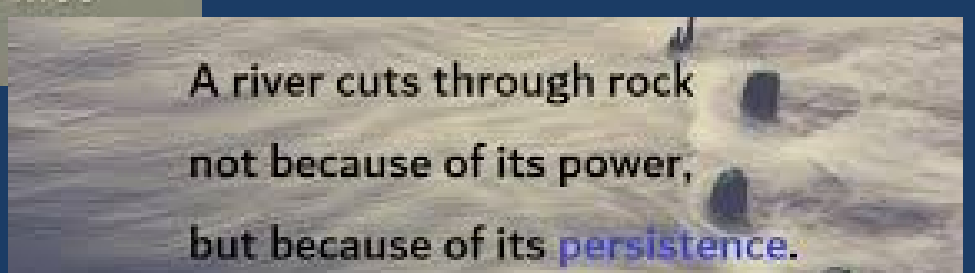


When a child learns to walk and falls down 50 times, he never thinks to himself: "maybe this isn't for me?"

Physical Challenge: ...because it is important to learn how to keep the body strong.

Check out Joe Wicks' PE Class for today 30th April:

<https://youtu.be/40T0feX8ld8>



A river cuts through rock not because of its power, but because of its persistence.